

Policy Position: Minimum Health Requirements

Purpose

This policy outlines Healthway's mandatory minimum health requirements for all Healthway funded organisations as a condition of funding.

Background

To ensure funded activities align with Healthway's core purpose to inspire and empower all Western Australians to live healthy lives, minimum health requirements apply to all Healthway funding. The minimum health requirements are aligned to priority health areas in Healthway's *Strategic Plan 2024-2029: Creating a healthier Western Australia together*.

Policy approach

Healthway funded organisations are required to meet all of the minimum health requirements where appropriate to the funded activities (outlined below). Healthway funded organisations may also have additional Special Conditions applied to their funding Agreement for the purposes of meeting Healthway objectives. In addition to the minimum health requirements, Healthway strongly encourages practices supporting inclusivity and sustainability, which are aligned to Healthway's vision of a healthier WA. These are outlined under Other Considerations, below.

More information: healthway@healthway.wa.gov.au

Last update: September 2024

Review: This policy will be reviewed in September 2025

MINIMUM HEALTH REQUIREMENTS (ALL ARE APPLICABLE)

Promote healthy eating

- Healthy food and drink options are available
- Unhealthy food/drink is not promoted by the organisation
- Unhealthy food/drink (or vouchers for same) are not provided as prizes or awards
- Free drinking water is available

Promote active living

- Safe warm-up practices for physical activity are adhered to
- Active transport options such as public transport and bike parking are promoted

Prevent and reduce use of alcohol

- Alcohol (or vouchers for same) is not provided as prizes or awards
- · Low strength alcohol and non-alcoholic choices are available
- There are no activities or promotions that encourage rapid consumption of alcohol (e.g. discounted drink prices, happy hours, drinking competitions)
- Alcoholic drinks are served in standard-sized drink portions
- There are no promotions or event names that glamorise alcohol intoxication (getting drunk) or imply that alcohol intoxication is desirable
- Alcohol consumption is restricted to a designated area, providing opportunities for patrons to have an alcohol free experience in prominent viewing areas

Prevent and reduce use of tobacco, e-cigarettes and other novel tobacco products

- All indoor and outdoor areas under the control of the funded organisation are smoke-free
- E-cigarettes/vaping is prohibited
- Smoking in the Arts Policy applies to all performances that receive Healthway funding

All outdoor events

- Adequate sun shade is available
- Free sunscreen is available

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OTHER CONSIDERATIONS

Welcome to Country

Welcome to Country or Acknowledgement of Country

Access and inclusion

- Address access needs, including parking and facilities to help those with physical needs such as people with disabilities, prams, walking aids and so forth
- Publicise information regarding access and inclusion prior to funded activities
- Provide information in languages other than English
- Provide publicity materials that are clear and easily legible
- · Consider the affordability of the event

Environmental sustainability

- Avoid or limit single-use plastics
- Consider effective management of waste including recyclable and organic materials
- Provide information and promotion of public transport and bike parking options
- Minimise printed promotional material
- Use sustainable merchandise (no single-use plastics like balloons)
- Use energy efficient venue and facilities